Your guide to all things RDPL
PROGRAM REGISTRATION

Some of our library programs and kits require registration, which can be done right on our website! You can also call us at 403-346-4576 or visit in person to register.

To find our upcoming events online and reserve your spot, follow these instructions:

1. Go to rdpl.org
2. Click on "Programs & Events" (or the calendar icon).
3. Choose your audience, or click on "View All Events."
4. Scroll, search, or use the filters to find your event.
5. Click on the event you are interested in.
6. If the event requires registration, click on the "Register" button.
7. If the event is full and there is a waitlist option, click "Join Waitlist."
8. Fill in your name and email address and submit! You will receive a confirmation email in your inbox.

You can also go directly to rdpl.org/events to access the full events listing.

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Questions? Contact us!

📞 403-346-4576   📧 inquiries@rdpl.org   🌐 rdpl.org

RDPL | SPRING 2022
Red Deer Public Library is thrilled to announce a new temporary “pop-up” library located at Bower Place Shopping Centre! Open to the public from April to September, 2022, this location gives us a chance to bring some of the same services you love to a new location!

Open during all regular mall hours, you can visit our Bower Mall pop-up library to sign up for a new library card – or renew your existing membership – for free! You can check out library materials and browse our collection (which includes books, puzzles, literacy backpacks, DVDs, and more!), attend a program, or bring your kids to enjoy playing and reading in our children’s corner!

If you want to place an item on hold, we will have staff ready to help you get the materials you want sent to one of our three permanent branches, located Downtown, in the G.H. Dawe Community Centre, and in the Timberlands neighbourhood (attached to École Barrie Wilson School).

We love connecting with the community in new and exciting ways, and after two years of being more apart than together, we are really looking forward to welcoming you back to the public library. Stop by and say hi, and fall in love with all of the awesome things we offer for all ages and interests!
Registration required for all Kits to Go. Registration opens approximately two weeks before availability date. Register online at rdpl.org/events.

**Blackout Poetry Kits**  
*For adults*

Celebrate Poetry Month with RDPL! Create your own blackout poetry using pages from old books and print media to spark your inspiration and a black marker transform the page into your own unique creation.

**Egyptian Hieroglyph Necklace Kits**  
*Ages 12+

Sign up to create your own polymer clay Egyptian Hieroglyph pendant necklace.

**Squishy Soap Kits**  
*Preschoolers*

Instructions and ingredients to make Squishy Soap with your Preschooler. Stir it up like playdough, and have fun in the tub!

**Birdfeeder & Bird Watching Kits**  
*All ages*

Grab some binoculars and our kit-to-go to create your very own birdfeeder! Each kit contains materials and seeds to make a birdfeeder, a checklist of local birds, along with a notebook to mark down your observations. One kit per child. *Peanut butter not included*

**Mother's Day Bookmark Kits**  
*All ages*

Create a DIY bookmark for Mother's Day!

**Alka-Seltzer Rocket Kits**  
*Ages 5+

Blast off with an alka-seltzer rocket!

**String Art Kits**  
*Ages 6+

Be creative and make a string art heart. Kit includes: cork board, pins, string and pattern.

**Paper Airplane Launcher Kits**  
*All ages*

It's time to fly! Celebrate National Paper Airplane Day by folding some aerogami and letting them soar with your very own paper airplane launcher! One kit per family.

**Midsummer's Night Dream Kits**  
*All ages*

Create a glowing fairy lantern to celebrate the beginning of summer.

**Yellow Zucchini Seedling Kits**  
*For adults*

This kit will get you growing with a zucchini seedling contained in a peat pot which will go straight into the ground or into a container without disturbing tender young roots.

**Father's Day Card Kits**  
*All ages*

Use your imagination to give your Dad a personal card he will treasure forever.

**Story Tile Kits**  
*All ages*

Decorate tiles with pictures and words and use them as prompts to make up your own stories. Geared toward preschool and school aged children and their caregivers.
EARLY LITERACY PROGRAMS

Register online at rdpl.org/events

**Baby Fun Storytime**
Timberlands Branch
Thursdays at 10 a.m.
Ages 0-18 months

Baby Fun is back! Join us in person for songs, rhymes and the opportunity to meet some new parents. The program may also include occasional stroller walks, depending on the weather!

*Registration required. Program needs a minimum of 5 registrants in order to run.*

Session One: April 14 - May 19
Session Two: May 25 - June 29

**Toddler Fun Storytime**
Downtown Branch
Tuesdays at 10 a.m.
Ages 18 months to 3 years

Stories, rhymes, and songs for toddlers and their caregiver. The program will take place outdoors, weather permitting, or move inside in inclement weather.

*Registration required. Program needs a minimum of 5 registrants in order to run.*

Session One: April 13 - May 18
Session Two: May 25 - June 29

**Preschool Fun Storytime**
Downtown Branch
Wednesdays at 10 a.m.
Ages 3-5 years

Join us in person for stories, rhymes, and songs for preschoolers and their caregivers. The program may include a mix of indoor and outdoor programming, so dress for the weather.

*Registration required. Program needs a minimum of 5 registrants in order to run.*

Session One: April 13 - May 18
Session Two: May 25 - June 29

**PJ Fun Storytime**
Online via Zoom
Tuesdays at 6:30 p.m.
All ages

Wear your comfy PJs and snuggle up for some rhymes, songs, and bedtime stories!

Spring session runs April 12 - May 17.

**Children's Book Bundles**

Go online and sign up to borrow quality, curated book bundles for the baby, toddler, or preschooler in your life! Get a new bundle every two weeks.

[rdpl.org/bookbundles]
Chess Club
Downtown Branch
Mondays April 4 - June 6  
(No programs Apr. 17 & May 23)
5 p.m. - 6 p.m.
All ages welcome
Join us for a fun afternoon playing chess! Learn new skills and play with other chess club members. Players of all skill levels are welcome.

Co-sponsored by the Alberta Chess Association.

Pokémon League
Online via Zoom
Thursdays
3:30 p.m. - 5 p.m.
All ages welcome
Do you want to be the very best, like no one ever was? Then come out and join other trainers online for a fun afternoon of everything Pokémon!

Spring session runs April 7 - June 30.

Pirate Princess Party!
Downtown Branch
Saturday, May 14
11 a.m. - 12 p.m.
All ages
Join us for an epic pirate princess party! Challenges, crafts and activities for kids (and their grownups). Costumes are encouraged!

Thunderbird Learners:
A Cultural Literacy Program with Red Deer Native Friendship Society
Location, date, and time TBD
Ages 6-12

For more information or to register your family, email friendship@rdnfs.com.

Virtual Children's Library Tours!
Book a virtual tour of any branch for your preschool, daycare, club, school class, or homeschooling family.
Tours can include general library services for children, highlights of the buildings, stories, research help, library memberships, and more!

Contact kdrok@rdpl.org or disbister@rdpl.org
Reading Pals is returning this summer with one-on-one tutoring!

Keep an eye on our website, rdpl.org/reading-pals, for registration details coming soon. Contact readingpals@rdpl.org

Reading Pals Backpacks:
Books, crafts and activity ideas based on popular subjects, all in one backpack!

- Coding & Technology
- The Reading with STEAM Backpack (Science, Technology, Engineering, Art, Math)
- Reading With Animals
- The Feeling, Thinking, Reading Backpack (Emotional Intelligence)
- Battling Bacteria
- The Dyslexia Backpack
- The Visual Learner's Backpack

Check rdpl.org/kits for more unique backpacks such as Thunderbird Learners, Nature Fun, Healing Library, Inclusivity, STEM and more!

What's Online at RDPL.org/Kids?

- Staff Picks Booklists
  Lists on popular books and topics
  Discover RDPL staff-chosen books to help you find suitable books to your children's preferences. Peruse Girls in Science, Spy School, Diverse Chapter Books, Fractured Fairy Tales, Books on War and Peace and more.

- Early Literacy Tips and Tricks
  For parents
  Raising a reader starts from day one! Check out helpful tips from our Early Literacy staff to set your child up for success and create lifelong readers!

- eResources
  For kids and families
  Check out our online resources for kids! Find Tumblebooks (animated stories read aloud), TumbleMath (exciting stories to help kids excel at math), Libby and AudioBookCloud (eBooks and eAudiobooks) and more.

- Upcoming Events
  For kids and families
  Don't miss a thing! Stay up to date on all of the fun activities for kids of all ages, including storytimes, Kits to Go, special events, and more!
We are so excited for the
GRAND REOPENING OF THE DOWNTOWN BRANCH

Toy Lending Library!

It's been two years since the Toy Lending Library has been open to the public and we are ready to reopen the collection which has something for kids of all ages! We are also planning to update the library with new toys thanks to our customers and Library Giving Day! Details on next page

We hope you will consider donating to refresh the collection with new items sure to make our little customers smile with delight.
Library Giving Day is a one-day fundraising event with the goal of encouraging people who depend on and enjoy public libraries to donate to their home library.

This support goes towards the incredible programs, services, and materials provided by libraries everywhere! Library Giving Day was originally started by the Seattle Public Library Foundation, but has since become popular across North America – including in Red Deer!

This year, Library Giving Day is on April 6 and RDPL has a goal to raise $5,000 towards the grand reopening of the Toy Lending Library at the Downtown Branch.

These toys support families in our community by providing a way for children to learn and thrive, but the cost of new toys is often prohibitive for many families.

With a free Red Deer Public Library card, families can have access to the entire Toy Lending Library, and thousands of books and other items available to loan at RDPL. Supporting the library is a gift that keeps on giving, so please consider donating to this important community resource!

Donate online!  
canadahelps.org/en/dn/31636  
or rdpl.org/donate

Donate in person!  
Donate at any branch - please specify Library Giving Day when making your donation.
Scholastic Book Fair
Dawe Branch
Tuesday, April 5 - Saturday, April 9
Sale on during regular library hours
All ages welcome
Buy some great children's books and support RDPL. For every $10 spent at the book fair, $6 goes directly to the Library!
Find hundreds of quality books with a wide assortment for all reading levels.
PLUS enter for a chance to win $50 in books – $25 for your family and $25 for your child's classroom! See you there!
Can't make it? Shop virtually!
https://virtualbookfairs.scholastic.ca/pages/5165247

Timberlands Poster Contest
April 1 - June 18
For all ages
Calling all artists!
We are seeking your artwork to display at our Timberlands Branch for this year's Summer Reading Club theme, “Grow a Reader.” Draw or paint a picture of what this year's theme means to you on an 11” x 17” sheet of paper. Winning pieces will be displayed at the Timberlands Branch starting June 25, 2022. Posters can be submitted to the Timberlands Branch or emailed to programs@rdpl.org.
Deadline to submit entries is June 18, 2022.
Questions? Email kdrok@rdpl.org.
Red Deer Public Library 2022
Children's Summer Reading Club!

Join us for storytimes, pick up free Kits to Go, free books, and Summer Reading Club Grow a Reader challenge sheets. Learn about library initiatives, and get a free library card too!

Summer Reading Club Kick-off Party
Saturday, June 25
12 p.m. - 1 p.m.
Timberlands Branch
Walk, bike, or roller skate to the Timberlands Branch to register for the Summer Reading Club and enjoy free activities, entertainment, and CAKE!

Our SRC is for all ages! Watch for more details on Teen and Adult SUMMER FUN coming soon!

RDPL's Summer 2022 Book Bike Tour!
Mondays, Wednesdays, and Fridays in June (weather permitting)
Watch for details!
We’re taking RDPL’s Book Bike on a tour throughout Red Deer! Watch for us in various city parks to learn about the Summer Reading Club, and pick up Summer Reading Club ‘Grow a Reader’ challenge sheets.
Watch for the schedule, and join us at your preferred location! Better yet, hop on your bike and meet us!

Books IN THE PARK
StoryWalk®

Red Deer could win the title of Canada’s Most Active Community and $100,000 prize for competing in this summer's ParticipACTION Community Better Challenge!

Enjoy a self-paced StoryWalk® stroll in select city parks and track your activity on the free ParticipACTION app. Every move counts!
Summer Reading Club challenge sheets are available at each Books in the Park location, so get reading, get moving, and get winning!

Watch our social media or check rdpl.org for the StoryWalk® schedule!

Community Better Challenge
Reading Incentive Programs

This free, self-paced reading reward program encourages families to spend quality time together and promote pre-literacy and learning by reading 1000 books before your child starts Kindergarten!

For kids ages zero to entering Kindergarten!
Register at rdpl.org/1000-books

Receive a FREE book just for registering!
...and more rewards along the way!

A reading reward program for grades 9+!
Win prizes for every 25 books read!
Complete the full 100 books to receive the grand prize!
Register at rdpl.org/100-books

May We Suggest...?
We'll make a personalized reading list just for you!

Receive a personalized reading list with hand-picked recommendations based on your preferences! Available for readers of all ages.

1. Go to www.rdpl.org
2. Click on ‘Services’
3. Click on May We Suggest...?
4. Fill out the form!

Staff will contact you when your list is ready.
Questions? Email programs@rdpl.org or phone 403-346-4576.
Red Deer Public Library’s Adult Literacy Program matches adult learners with volunteer tutors who meet once a week at the library or online for two hours. The program provides support to Literacy and Foundational Learners. Basic skills may include literacy, numeracy, basic digital skills, English Language Learning, and skills for learning.

Volunteers Needed!

We offer training and ongoing support to all of our tutors, and we can assure you that volunteering with the Adult Literacy program will be a unique and rewarding experience! Please consider volunteering with this life-changing, award-winning, program.

To learn more about becoming a student or volunteer contact:

- Alla, Carolyn, or Lois: 403-346-2533
- adultlit@rdpl.org
- Dawe Branch Library (56 Holt Street)

Adult Literacy Programs

**Conversation and Vocabulary Class**
via Zoom
Mondays and Wednesdays
April 4 - 27 no class on April 18th
6 p.m. - 8 p.m.
This class will focus on everyday listening and speaking skills as well as vocabulary. Cost is $30 per person. The class is limited to 12 participants.

**International English Language Testing System (IELTS-Academic)**
Dawe Branch Adult Literacy Department
Tuesdays and Thursdays
April 5 - 28
6 p.m. - 8 p.m.
In this 8-lesson course, work on strategies and skills to be successful when taking the IELTS exam. You must be at Canadian Language Benchmark 5 to participate. Cost is $50 per person.

Register for Adult Literacy Programs at 403-346-2533 or adultlit@rdpl.org.
First Thursday Concert Series
Downtown Branch, Snell Auditorium
12:15 p.m. - 1 p.m.
All ages
April 7: Trio Brio: Joyce Howdle, clarinet; Val Sherman, flute; and Cheryl Cooney, piano.
May 5: Danica Hoffart, soprano; and Dale Wheeler, piano.
June 2: Violinist Veronique Mathieu and pianist Stephanie Chua will present a program of music by women composers.
Join us in-person or tune in live on our YouTube channel. Visit rdpl.org/first-thursday for more details.

Travel Memories
Downtown Branch, Snell Auditorium
Wednesdays: April 6, May 4, June 1
2 p.m. - 3:30 p.m.
For adults
Guest speakers from our community talk about their travel adventures. Check rdpl.org/events for information about the featured speakers.
April 6: Mahakam River, Indonesia, with Lauren Fonda
Check rdpl.org for May and June details, including speaker information and event location/format (in person or virtual).

Evening Artistry
Downtown Branch, Snell Auditorium
Tuesday, June 21
5:30 p.m. - 7:45 p.m.
For adults
We're back in person, and it's beach time! Paint some starfish with Trish! Registration opens April 1.

Find Your 'Mellow' in the Dawe Garden
Dawe Branch – Saturday, June 18 – 10 a.m. to 3 p.m. – For all ages
Celebrate Garden Days and the annual opening of our Friends of the Library Reading Garden! Whether it's yoga, meditating, or just relaxing with a good book about gardening, being in the garden is good for your soul. Learn what we planted this year in the garden, make a garden gnome and borrow a gardening book. All visitors will be entered into a prize draw!

GET GARDENING WITH A SPECIAL Kit TO GO!
To commemorate the Year of the Garden, a Centennial Celebration of Canada's Horticulture Sector, we are offering Gardening Kits to Go. Pick up a Kit to Go, featuring a packet of red flower seeds, a list of gardening books to borrow, and supplies to make a twiggy garden gnome.
Available at the Dawe Branch only on Saturday, June 18 while supplies last.
Call for Book Donations at the Downtown Branch!

It's time for Spring cleaning and time to clear out the books you have been collecting at home! If you have books in good condition, consider donating them to the Friends! Books are sorted and sold in book sales throughout the year. All proceeds benefit the library. We are especially in need of donations of fiction books, but welcome all genres for all ages.

Friends of the Library's Bag of Books Sale
Downtown Branch
Thursdays:
April 7, May 5, June 2
1 p.m. - 3 p.m.
All ages
Grab a surprise bag of books for only $10! Bags are filled and organized by genre/audience. Books for all ages!
All proceeds go toward library initiatives.

Friends of the Library's Mother's Day Gift Bags!
Pre-purchase a gift bag for mom packed with items from local artisans and suitable for mothers of all ages! Bags will be $25.
Proceeds will go towards RDPL's Children's Summer Reading Program. Full details will be available on our website, on the Friends of the Red Deer Public Library's Facebook page, or by contacting the Friends: friendsofrdpl@gmail.com.

Watch for details on the premier performances of this theatrical and musical fusion opera about the life of Coco Chanel, who rose from poverty and abandonment to create one of the world’s most successful and iconic brands.

Music by Cheryl Cooney.
Lyrics by Anna Maria Kaufmann & Cheryl Cooney.
Direction and Choreography by Darold Roles.
Proceeds will benefit:

Central Alberta Child Advocacy Centre

National Canadian Film Day
Stream online from the comfort of your home! Wednesday, April 20 at 7 p.m.
Celebrate Canadian Indigenous voices with this year's feature film, "Beans." This film provides an opportunity for dialogue and greater understanding of the realities and lived experiences of Indigenous people in Canada, while celebrating Indigenous-made cinema by filmmakers from diverse nations across Canada.
Visit rdpl.org for details on how to watch.

For more info, visit rdpl.org/friends
BOOK CLUBS (& MORE!)
Register online at rdpl.org/events

Happy Ever After Book Club
Online via Google Meet
Mondays:
April 25, May 30, June 27
7 p.m. - 8 p.m.
For adults
A Book Club for Romance Fans! Join us to discuss selected romance titles.
Upcoming titles:
April 25: *Ice Planet Barbarians* by Ruby Dixon
May 30: *The Fastest Way to Fall* by Denise Williams
June 27: *Recipe for Persuasion* by Sonali Dev

Any Book Book Club
Downtown Branch
Thursdays:
April 14, May 12, June 9
7 p.m. - 8 p.m.
For adults
Read any (yes, ANY!) book and join us for lively discussions with a great group of book lovers in this fun and informal book club.

Fireside Readers Book Club
Online via Zoom
Wednesdays:
April 20, May 18, June 15
6:30 p.m. - 8 p.m.
For adults
Join us to discuss books chosen by Fireside Readers Book Club members. We read a wide range of books, both fiction and non-fiction, from classics to current best sellers.
Upcoming titles:
April 20: *Indians on Vacation* by Thomas King
May 18: *Autopsy of a Boring Wife* by Marie-Rene Lavoie
June 15: Readers’ Choice

BOOK CLUB KITS
Looking for your next great book club pick? We've got your back! Our book club kits contain ten copies of a given title (and discussion questions!), so you don't have to worry about tracking down multiple copies for your group to read!

For more information about our book clubs and book club kits, visit rdpl.org/bookclubs
Free Comic Book Day!
May 7, 10 a.m. - 3 p.m.
All Branches
For teens & adults
Come into your nearest branch of RDPL for a free comic book and browse the comic books and graphic novels you can borrow too. (Note: for teens and adults because of content).
While supplies last – first come, first served.

Book Buzz on Instagram Live!
Online on Instagram (@reddeerpubliclibrary)
Tuesday, May 17
7 p.m. - 8 p.m.
For teens and adults
Join library staff on Instagram Live for new recommendations and mini book talks. Get a sneak peek at new books and films coming into the library, and recs for you while you wait!

Check our website for new reading challenges at the start of each month.
Submit your title at rdpl.org/books for a chance to win a prize!

Share in the One eRead Canada National Reading Experience!
One eRead Canada is a national digital book club connecting readers across the country. From April 1–30, Canadians will read Katherena Vermette’s novel, The Break, a stunning and heartbreaking debut novel about a multigenerational Métis–Anishnaabe family dealing with the fallout of a shocking crime.

From April 1-30, download the eBook or eAudiobook in English or French on the Libby app with no waitlists and no holds!

#1eReadLivrelCanada
Meet Katja

RDPL's Facility Dog In Training!

by TATIANA TILLY
RDPL's Strategic Planning and Engagement Manager

We are so excited to introduce RDPL’s new Facility Dog (in training!), Katja! When visiting the library, you may see Katja, so we want to make sure you know what to expect and why she is part of our library family.

Who is Katja?

Katja is a Chocolate Labrador Retriever who loves cuddles, walks in a dog park, and her dog sister. She has yet to meet a vegetable she doesn’t love! Katja takes all her correspondence through her personal library people: Tatiana (ttilly@rdpl.org) and Karen (kdrok@rdpl.org).

What is a service dog?

There are many different types of service dogs. Each type has a different job to do for their handlers, helping them to navigate the world successfully. Katja is a Facility Service Dog.

As much as we love all furry friends, please remember that only card-carrying Alberta licensed Service Dogs are permitted inside the library!

What will a Facility Service Dog do in the library?

Red Deer Public Library has been using therapy and service dog volunteers in a number of reading programs over the years. Reading Tails, Sit, Stay, Read, and the Reading Pals programs used service dogs to help kids become better readers. However, there has always been a larger demand for these programs than we could meet.

RDPL has the opportunity to train Katja to be the resident facility service dog who will be assisting in a number of library reading programs for all ages, and we can’t wait!
Why read to a dog?

Reading to dogs can boost reading skills in children as well as help with emotional and social skills. Programs in both school and public library settings are gaining in popularity because of these many benefits!

To name a few:
> Reading to dogs gives children essential extra practice with reading and oral skills.
> Some children feel nervous when reading aloud and reading with a dog immediately calms them down.
> Children feel comfortable reading to dogs because dogs don't judge if a word is mispronounced.
> Reading to dogs boosts the confidence levels of struggling readers and gives children an increased sense of pride.
> Children enjoy the program and think it's fun! They look forward to coming to the library because a dog is waiting for them.

For more details about the benefits of reading with dogs, please see the full article on our website at rdpl.org/blogs.

Katja's training

Katja has her own Instagram account and you are welcome to follow her training journey there! 🐾 @katjardplsdit

Katja is enrolled in the owner-based training program with Aspen Service Dogs, an Alberta Government Qualified Service Dog Organization. Katja regularly attends training sessions with the best service dog trainers from Aspen Service Dogs.

Where will I see Katja?

You will start seeing Katja in all of RDPL branches now. She is learning to be on her best behaviour with the public and in all library settings. If you have questions, you are very welcome to ask her handler, but please, do not approach Katja without asking her handler for permission first!

Karen and Katja

Happiness is a book in your hand and a dog by your side!
More virtual programs to tune into!

**Beginner Adult Yoga**
Online via Zoom
Wednesdays
7 p.m. - 8 p.m.
For adults
Explore mindful movement, stillness, and reflection from the comfort of your own home. All levels and abilities welcome. Classes rotate between the following styles: Slow Flow, Yin, Yang/Yin, and Movement & Meditation.
Register online at rdpl.org/events

**Downtown Walk and Talk**
Meeting place: Downtown Branch
Monday evenings:
6:45 p.m. - 7:15 p.m.
Tuesday afternoons:
12:15 p.m. - 12:45 p.m.
All ages welcome
This walking group led by RDPL staff will help you enjoy the downtown in a safe way. You can stay connected to other people, get new books from our curated displays, and add some activity into your day with our half hour walk. Join the evening or lunchtime walk – or both!
Program needs a minimum of 3 registrants in order to run.
Register online at rdpl.org/events

Tune into this series of health-related programs, presented by Red Deer Primary Care Network professionals, streaming live on our Facebook page!

**Health Café: Healthy Weight**
Wednesday, April 27: 4 p.m. - 5 p.m.
Learn refreshing and up to date information to help you live happy and healthy at your best weight. Topics will address weight stigma and treatment options including lifestyle, medication, and surgery.
Presented by Family Physician Dr. Sereyrath Ngeth, Recreational Therapist Lynsey Hermary, and Family Nurse Jonah Saringo.

**Health Café: Outside for Mental Health**
Thursday, May 17: 1 p.m. - 2 p.m.
Learn why being outside is good for your mental health and what fun free outdoor activities are available to you in Red Deer.
Presented by PJ Swales, City of Red Deer, Denise Fredeen, Alberta Health Services, and Lynsey Hermary, Red Deer Primary Care Network.

**Health Café: Postpartum Mental Health**
Wednesday, June 15: 1 p.m. - 2 p.m.
The post-partum adjustment period can be challenging as new mothers navigate low moods, sleepless nights and anxiety. Join us to learn more about what is normal to expect after delivery, what is less normal, and how to get support in your community with both.
Presented by Ivy Parsons, Alberta Health Services, and Michelle Abbot, Red Deer Primary Care Network.
Canada Revenue Agency:  
**CRA Benefits for All**  
**Via Microsoft Teams**  
Tuesday, April 5  
6:30 p.m. - 7:30 p.m.  
For Adults  
What tax benefits are you entitled to claim on your income tax? Learn about the Canada Child benefit, Child Disability Benefit, Disability Tax Credit, GST Credit, Canada Workers Benefit, and Climate Action Incentive. What is the eligibility? How do you apply? How much can you receive? Join the Canada Revenue Agency for a presentation on Benefits for All.

Alberta Securities Commission:  
**DIY Investing**  
**Via Zoom**  
Tuesday, May 17  
6:30 p.m. - 7:30 p.m.  
For Adults  
Self-directed investing is becoming increasingly popular with new and long-time investors. Join us as we walk through assessing if this investing approach is right for you and the fundamentals to opening a trading account, researching and trading investments and avoiding common DIY investing mistakes.

Alberta Securities Commission:  
**Frauds and Scams**  
**Via Zoom**  
Tuesday, June 7  
6:30 p.m. - 7:30 p.m.  
For Adults  
Investing comes with inherent risks, but don’t let fraud be one of them. Join us as we uncover the prominent forms of investment fraud, how to recognize them and ultimately protect yourself and others.

Get the latest about library events, new programs and services, and other library news delivered right to your inbox.  
Sign up at: rdpl.org/eNewsletter
Red Deer Public Library

Home Service

If you are a library member who cannot come into the library due to age, illness or disability, the Home Service Program might be a good fit for you. You will be partnered with a volunteer who will select materials and bring them to you every three weeks. Volunteers will also return any of your borrowed materials to the library.

To apply for this free service, contact the Home Service Coordinator at homeservice@rdpl.org or 403-346-4576 extension 1501.

One-on-One Tech Help

Do you need help with your computer, tablet, eReader, or other device?
Book a one-on-one technology help session with a member of our Tech Help Team! We provide individual consultation to suit your needs. We strive to respond to you within 48 hours to arrange an appointment.

Book today! rdpl.org/techhelp

SHARE SOME LIBRARY LOVE

VOLUNTEER

with RDPL's Home Service Program

Become a Home Service Volunteer and help bring the joy of books to people who are unable to visit the library.

Spend ONE HOUR every THREE WEEKS picking out and delivering books to a grateful library customer, and then returning books to the library.

Volunteers must be 18 years of age, have transportation, and get a criminal record check. Training will be provided.

Contact homeservice@rdpl.org to learn more.

Be A Growing Member for the Community Seed Library!

Red Deer Public Library and ReThink Red Deer are looking for 20 members to help start a Community Seed Library. Starting members attend 2 free, 2 hour workshops: Get Growing in the spring and Seed Saving in the fall. If you would like to share your gardening skills, newly acquired or through seasons of experience, with your community, please register for this program at programs@rdpl.org. Full details at rdpl.org.
Red Deer Public Library's Official Podcast
Tune in as we chat about books, movies, music, pop culture, libraries, Red Deer happenings, and more.

If you haven't tuned into RDPL's Part of the Story Podcast, you are missing out! Our hosts have a wide array of knowledge about what's new in all things entertainment. This Spring LINK features two of our hosts extraordinaire, Shannon and Sarah, and their favourite listens!

We asked Sarah and Shannon to share their five favourite podcasts!

**Sarah's Top Five**

1. **MY FAVORITE MURDER**
   "Comedians Karen and Georgia talk about murder in an interesting and sometimes funny way and it's always entertaining! It's like listening in on two friends who enjoy talking about true crime and catching up each week."

2. **A HOT DOG IS A SANDWICH**
   "I enjoy this funny podcast that focuses on the Internet’s most polarizing food debates such as, is a pop tart a ravioli, and should almond milk be called milk. It is always fun and incredibly silly."

3. **SAWBONES: A MARITAL TOUR OF MISGUIDED MEDICINE**
   "A husband and wife talk about the bazaar, funny, and sometimes really gross ways humans have tried to treat various diseases and conditions."

4. **SCIENCE VS.**
   "Wendy Zukerman researches and discusses everything from fad diets to conspiracy theories to see if they hold up to scientific evidence. Learn new things in an easy to understand way that you don’t have to be a scientist to get."

5. **DEAR HANK AND JOHN**
   "Brothers Hank and John talk about a variety of topics in a heartwarming and entertaining way."

**Shannon's Top Five**

1. **WRITER'S ROUTINE PODCAST**
   "It is like sitting down with a writer and asking them how they do their craft. They talk about where they write, what routines they practice, what they do in their day (do they waste time like the rest of us?), and how they accomplish the art of writing novels. Fascinating."

2. **STUFF YOU SHOULD KNOW**
   "Random, weird facts. It almost reminds me a little of the author Bill Bryson, he can draw you in and keep your attention on the most mundane subjects; I’m thinking of his books At Home or The Body. I find myself re-listening because I miss bits and pieces. Very well done."

3. **THE MOTH**
   "Storytelling at its finest. Orated by the authors themselves, must be true and short. Some make me cry, some make me laugh and they all make me feel lucky to be human."

4. **SAPIEN**
   "This is a health-focused podcast, aligning with my ideas about the carnivore diet. Anecdotal but also science-y. Food for thought."

5. **REVISIONIST HISTORY** by Malcolm Gladwell
   "I went out looking for this when I finished his book Talking to Strangers. What makes us tick? Explaining, or should I say trying to explain, human behavior."
LOCATIONS
Downtown Branch
4818-49 Street

Dawe Branch
56 Holt Street

Timberlands Branch
300 Timothy Drive

Bower Mall Pop-up Branch
4900 Molly Banister Drive

NEW location!

HOURS
Monday - Thursday
10 a.m. - 8 p.m.
Friday
12 p.m. - 5 p.m.
Saturday
10 a.m. - 3 p.m.
Sunday
CLOSED

Bower Hours
Monday - Saturday
10 a.m. - 8 p.m.
Sunday/Stat Holidays
(Mall is closed Easter Sunday)
11 a.m. - 5 p.m.

CLOSURES
(Except Bower Mall)
Friday, April 15
(Good Friday)
*Sunday, April 17
(Easter Sunday)
*Bower Mall CLOSED
Monday, April 18
(Easter Monday)
Monday, May 23
(Victoria Day)

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rdpl.org

join
the Red Deer Public Library community
on our website & social media!

be a part of the story