

RED DEER PUBLIC LIBRARY

Winter Program Guide

**Katja has
Graduated!**

*Learn about the
different library
dog programs
at RDPL on
page 18!*



WINTER 2024
January - March

The LINK

Your guide to all things RDPL



Make it @ RDP



Red Deer Polytechnic Library (100 College Blvd.)
Tuesday, February 27
4:30 p.m. - 7:30 p.m.

Join Red Deer Public Library staff at Red Deer Polytechnic for a tour of their makerspace and a take home craft! Space is limited. Preference is given to students.



Email programs@rdpl.org
for more information
or to register.



For ages 16+
See page 6 for exciting
RDP STEAM programs for
Youth New to Canada.

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Attending an awesome, free library program?! Unless otherwise stated, program registration is required. Register online at rdpl.org/events

CONTACT US



403-346-4576



inquiries@rdpl.org



rdpl.org



Sign up for our email newsletter!
rdpl.org/eNewsletter

LOCATIONS

LIBRARY BRANCHES

Downtown Branch
4818-49 Street

Dawe Branch
56 Holt Street

Timberlands Branch
300 Timothy Drive

Collicutt Branch
3031-30 Avenue

DAWE, DOWNTOWN, & TIMBERLANDS BRANCH HOURS

Monday to Thursday
9 a.m. - 8 p.m.

Friday
9 a.m. - 5 p.m.

Saturday & Sunday
10 a.m. - 3 p.m.

Stat Holidays
CLOSED

COLLICUTT BRANCH HOURS

Monday to Friday: 5:30 a.m. - 9 p.m.

Saturdays & Sundays: 6:30 a.m. - 9 p.m.

Holiday Hours: 12 p.m. - 5 p.m.

EARLY LITERACY PROGRAMS

Register online at rdpl.org/events



Mark your calendar! Registration dates for Baby Fun, Toddler Fun, & Preschool Fun are: Session 1 - December 18. Session 2 - February 5.

Baby Fun Storytime

Ages Birth - 18 Months

Join us for songs and rhymes for your little ones, and meet other parents!

Downtown Branch

Mondays

11 a.m. - 11:30 a.m.

Session 1: January 8 - February 12

Session 2: February 26 - March 25

Dawe Branch

Thursdays

11 a.m. - 11:30 a.m.

Session 1: January 11 - February 15

Session 2: February 29 - March 28

Timberlands Branch

Fridays

11 a.m. - 11:30 a.m.

Session 1: January 12 - February 16

Session 2: March 1 - March 22

Preschool Fun Storytime

Ages 3-5

Stories, rhymes, songs, and activities for preschoolers and their caregivers. Build literacy skills, make new friends and have fun!

Timberlands Branch

Tuesdays

10 a.m. - 10:30 a.m.

Session 1: January 9 - February 13

Session 2: February 27 - March 26

Downtown Branch

Wednesdays

10 a.m. - 10:30 a.m.

Session 1: January 10 - February 14

Session 2: February 28 - March 27

Dawe Branch

Thursdays

1:30 p.m. - 2 p.m.

Session 1: January 11 - February 15

Session 2: February 29 - March 28

Toddler Fun Storytime

Ages 18 Months - 3 years

Stories, rhymes, and songs for toddlers and their caregivers.

Downtown Branch

Tuesdays

10 a.m. - 10:30 a.m.

Tuesdays

11 a.m. - 11:30 a.m.

Session 1: January 9 - February 13

Session 2: February 27 - March 26

Dawe Branch

Thursdays

10 a.m. - 10:30 a.m.

Session 1: January 11 - February 15

Session 2: February 29 - March 28

Timberlands Branch

Fridays

10 a.m. - 10:30 a.m.

Session 1: January 12 - February 16

Session 2: March 1 - March 22

PJ Fun Storytime

Ages 3 to 5

Online Via Google Meet

Wednesdays:

January 3, 17 February 7, 21 March 6, 20

6:30 p.m. - 7 p.m.

Wear comfy PJs and snuggle up for rhymes, songs, and bedtime stories. Registration can be done online or by phone and is required to receive the program link. Link sent 30 minutes before the program starts.

Thunderbird Learners

Ages 3-6

Downtown Branch

Saturdays

January 20, February 3, 17,
March 2, 16, 30, April 13 and April 27
11 a.m. - 1 p.m.

Join us for cultural literacy programs hosted by Red Deer Native Friendship Society for children ages 3 to 6 years and their parents or caregivers, featuring Indigenous stories, songs, and activities! Register for one or all sessions!

Also check out Thunderbird Learners for ages 7-12 on page 7!



Український клуб Katrusia

Ukrainian Club Katrusia

Ages 3-5

Dawe Branch

Every second and fourth Thursday

January 11 - March 28

5 p.m. - 6 p.m.

Український клуб "Катруся" пропонує програму для дітей дошкільного віку, орієнтовану на збереження і розвиток української мови та культури.

Ukrainian Club "Katrusia" offers a program for preschool children to foster and develop Ukrainian language and culture.



Sign up today!

Receive a FREE book just for registering!

...and more rewards along the way!

Details at rdpl.org/1000-books

Sign up on our website to receive

Book Bundles!

Borrow a stack of staff-selected books!

BABIES

TODDLERS

PRESCHOOLERS

Tired of trying to find great books for your kids?

Let us choose them for you! Sign up online, then pick up your pile of books from the holds shelf at the branch of your choice!

New titles chosen every two weeks.

Bundles include activity ideas & literacy tips!

Register at rdpl.org/bookbundles

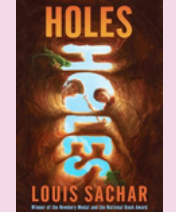
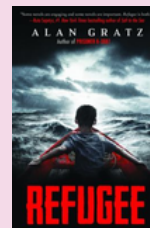
YOUTH LITERACY- GRADES 1 TO 12

Youth Literacy Book Bundles for school-aged kids provide books geared towards individual reading levels, fun reading, solo reading, and buddy reading.

Register at rdpl.org/youth-literacy-book-bundles

Children's Book Club Kits

perfect for teachers and homeschoolers!



Kits contain multiple copies, discussion questions, author information, and more! Browse titles online and find them at the Dawe Branch.



KIDS' PROGRAMS

Register online at rdpl.org/events

Mindfulness for Kids

For ages 7 to 12*

Downtown Branch

Saturday, January 27

10:30 a.m. - 11:30 a.m.

In this kid-friendly session, Bhante Suseela will share simple mind observation methods such as breathing, walking, loving-kindness, & stories. This program is free but please consider bringing a donation of a book to share with a child or youth for a literacy project in Sri Lanka. *Children under 10 must have an adult remain in the program with them.

Check page 16 for Mindfulness for Adults!

Creative Outlet

Ages 9 to 12

Downtown Branch

Tuesday, March 12

6 p.m. - 7 p.m.

Almost Origami Shamrocks: Create your own lucky charm with a pot of paper shamrocks. All supplies included.



IRON CHEF

Whose cuisine will reign supreme?

Timberlands Branch

Wednesday, February 21

1:30 p.m. - 2:30 p.m.

For ages 9 to 12

Come show off your culinary skills using our secret ingredient. Register at rdpl.org/events or by phone at 403-346-4576.

Youth Literacy Program

Sit, Stay, Read with Katja!

Ages 6 to 12

Do you want to read to a furry friend? Katja, our library's facility dog is all ears! Children who struggle with reading will benefit and tackle their challenges in the presence of an accepting, non-judgmental animal companion! Programs at both branches are perfect for kids who want to attend this program after school! A variety of reading materials will be available. For more information on the benefits of this program, find Why Read to a Dog on our website: rdpl.org/blogs/post/why-read-to-a-dog



Dawe Branch

Tuesdays

January 9 - March 26

At the Dawe Branch, you can register for individual sessions OR come back each week to read to Katja!

Timberlands Branch

Session 1: January 11 - February 1

Session 2: February 8 - 29

Session 3: March 7 - 28

At the Timberlands Branch, choose one time slot per session and come each week for four weeks at the same time to read to Katja.



TIME SLOTS AVAILABLE (both locations):

3:30 p.m. - 4 p.m.

4 p.m. - 4:30 p.m.

4:30 p.m. - 5 p.m.

Register to read with Katja at rdpl.org/events or by phone at 403-346-4576

RED HOT SCIENCE

with Red Deer Polytechnic

STEAM programs for Youth New to Canada

5y+

Dawe Branch
Thursday, January 18
5 p.m. - 6 p.m.

SPHERO DROID ADVENTURES

If you are a Star Wars fan, you will know the little droid BB-8. The Sphero Sprk+ is the lower half of BB-8, and in this workshop participants get to learn how to use a tablet to program a Sphero to act just like BB-8. A guarantee of fun, laughter and squeals of delight as participants drive their little robots around the room.



7y+

Dawe Branch
Thursday, March 7
5 p.m. - 6 p.m.

TROUBLE WITH TRIBBLES

Finding its origins in season two, episode 15 of Star Trek: The Original Series, these charming Tribbles will dance for all audiences. The participants will assemble their very own pom-pom Tribble, name it, and then using a micro:bit process and a Hummingbird kit, they will learn how to write a simple block code program to make the Tribble dance for them. At the end of the class the participants can take their Tribble home with them. (Only the pom-pom Tribbles are taken home, not the tech devices!).



Children under age 9 must have an adult attend the program with them.

Register online at
rdpl.org/events
or by phone at
403-346-4576.



Red Deer
Polytechnic



KIDS' PROGRAMS

Register online at rdpl.org/events

LEGO® at the Library: Ready, Set, Build!

Grades 5 to 8

Dawe Branch

Select Tuesdays

6 p.m. - 7:30 p.m.

This program is for builders who enjoy the challenge and precision of LEGO® set builds.

January 23 - Race Car Roundup

Choose a LEGO® race car set to build, or create your own speedster.

February 13 - Creator Adventure

Pick a LEGO® Creator 3-in-1 set and choose your own building adventure!

March 26 - Monster Mash

Build LEGO® monster trucks, haulers, and off-road vehicles.

Reading Connection

Family Book Club

Ages 7 to 12 and their grownup(s)

Timberlands Branch

Select Wednesdays

6 p.m. - 7 p.m.

Kids choose the book they want to read related to each month's theme, and their grownup reads it too! Meet up and discuss the book with other families.

January 24- Adventure

February 28 - Friendship

March 27 - Fractured Fairytale

Can't make it to the program but still want to take part? Take-home Reading Connection Family Book Club kits (including discussion question ideas) will be available for pickup at any branch location!

Thunderbird Learners

Ages 7 to 12

Downtown Branch

Saturdays, January 13, 27, February 10, 24,

March 9, 23, April 6, 20

11 a.m. - 1 p.m.

Join us for cultural literacy programs hosted by Red Deer Native Friendship Society for children ages 7 to 12 years old and their parents or caregivers. Listen to stories, learn Indigenous songs and games, enjoy unique crafts, explore the Medicine Wheel and 7 Grandfather Teachings, and participate in storytelling! Register for one or all of the sessions.

Also check out Thunderbird Learners for ages 3-6 on page 4.



STEAM at the Libratory!

Ages 9 to 12

Downtown Branch

Select Wednesdays

2 p.m. - 3:30 p.m.

February 21 - Rocket Science

Experiment with the science of flight, using everyday materials to build rockets, catapults and more! NOTE: Some activities may take place outdoors, so dress for the weather.

April 3 - A-Maze-ing Science!

Learn and practice basic coding by working together to build mazes and testing them out with simple robots!



POKÉMONDAY

Celebrate Pokémon all day long!

Downtown Branch

10 a.m. - 8 p.m.

Tuesday, February 27

Play
Pokémon
Safari!

Find the
hidden
Pokéball!

Enter a
prize
draw!

Play
Pokémon
Go
with RDP
Librarian!*

MOVIE
Mewtwo
Strikes Back
Evolution*

*There are Pokéstops and gyms you can visit near the library!
Gotta catch 'em all! Then join us for one of two showings of **Mewtwo Strikes Back Evolution** in the Snell Auditorium - 4 p.m. and 6 p.m.
Drop-in program. Registration not required.

POKÉMON BATTLE STATION

Downtown Branch
Tuesday, February 27
4 p.m. - 8 p.m.
For all ages*

Challenge trainers with your battle deck or beginners can register for a 30 minute session with trainers to learn to play. No cards required for beginner sessions. *Children 8 and under must be with an adult.

Register at rdpl.org/events
or phone 403-346-4576

POKÉMON League!

Dawe Branch
Wednesdays
3:30 p.m. - 5 p.m.
For ages 9 to 12

Do you want to be the very best, like no one ever was? Then come out and join other trainers for a fun afternoon of everything Pokémon! Our league promotes friendship, communication skills, and fair play.

Register at rdpl.org/events
or phone 403-346-4576

MORE PROGRAMS!

Register online at rdpl.org/events

Special Guest Storytimes:

The People in Your Neighbourhood

All ages welcome

Downtown Branch

Select Saturdays

11 a.m. - 12 p.m.

Join us each month for a unique, all ages storytime as we welcome a special guest from the Red Deer community! We'll share stories and crafts and learn about what our guests do in our city.

February 3 - Red Deer Polytechnic Queens hockey players

March 2 - Sunnybrook Farm Museum

March 30 - Kath Hoffman with Safe Harbour

Attending this program? Please bring a new pair of socks to donate to Safe Harbour!

Chess Club

All ages welcome

Downtown Branch

Mondays (except stat holidays)

4:30 p.m. - 5:30 p.m.



Join our chess club! Players of all skill levels are welcome. Cosponsored by the Alberta Chess Association.

Speed Cubing Club

All ages welcome

Dawe Branch

Sundays, January 14, February 11, March 10
1 p.m. - 2:30 p.m.

Have you heard of "Speed Cubing"? Come for an afternoon of puzzle-solving fun! Test your skills and learn tips from fellow cubers. Maybe you've never solved a Rubik's Cube before, but would like to learn how, you're welcome to come and see how it's done!

Homeschool Spelling Bee

All ages welcome*

Downtown Branch

Friday, February 23

2 p.m. - 3:30 p.m.

Test your spelling skills and compete with other homeschoolers as a contestant or cheer on spellers as part of the audience. Contestants will spell words based on their ages so any age can compete. *Children 8 and under must have an adult remain in the program with them.

Lit Line - 403-342-9100

All ages

Phone the lit line to hear interesting monthly topics. New messages daily!

January - Canada is Hockey

Hockey trivia to test your knowledge of Canada's game.

February - Who is that Literary Lover?

Test your knowledge of romantic characters in literature.

March - Red Deer Archives Trivia

Celebrate 60 years of the Archives serving our community with a daily trivia question.

May We Suggest...?

Receive a personalized reading list with hand-picked recommendations based on your preferences!
Available for readers of all ages.

- 1 Go to www.rdpl.org
- 2 Click on 'Services'
- 3 Click on May We Suggest...?
- 4 Fill out the form!

Staff will contact you when your list is ready.
Questions? Email programs@rdpl.org or
phone 403-346-4576.

Celebrate 25 years of Family Literacy Day and learning together as a family by having a party!



Dawe Branch
Saturday, January 27
1 p.m. - 2:30 p.m.



LET'S PARTY! Join us with your family to make food, sing songs, and play games.
The possibilities for learning are endless – and it's fun when you do it together.

REGISTRATION NOT REQUIRED!

TEEN & ADULT PROGRAMS

For full details, visit rdpl.org

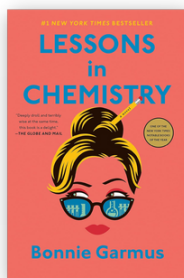
NEW
TITLES

ADULT BOOK CLUB KITS

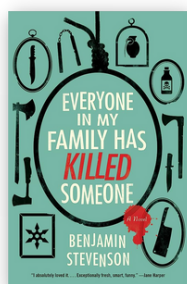
Starting your own book club?
Sign out a kit which comes with 10 books, a
book club guide and discussion questions.
Kits can be signed out for 3 weeks. Extensions
are available. Ask at the service desk!



Yellowface
by R. F. Kuang



Lessons in Chemistry
by Bonnie Garmus



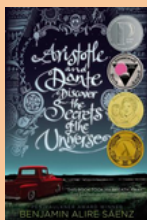
Everyone in my Family
has Killed Someone
by Benjamin Stevenson



Looking for Jane
by Heather
Marshall

The adult book club kit collection boasts 20 popular
titles. Search our catalogue to see them all!

Book Club Kits for *Young Adults*



Find them at rdpl.org



RED DEER QUEER
COMMUNITY ASSOCIATION

Cosponsored programs

Registration
not required

Rainbow DnD

Ages 12+

Dawe Branch

Saturdays, December 30, January 27,
February 24, March 30
12 p.m. - 3 p.m.

Is normal DnD not queer enough for you?
Why not try Rainbow DnD! Our current campaign
is designed to welcome any number at any time.
For more information, join the Discord server.

Crochet Workshop hosted by RDQCA

Ages 12+

Dawe Branch

Tuesdays, January 9, 23, February 13, 27,
March 12, 26
6:30 p.m. - 7:30 p.m.

These workshops offer an opportunity for those
interested in learning the craft of crochet to
acquire new skills in a friendly and supportive
environment. *Please bring your own supplies.

Queer Art Club

Ages 12+

Dawe Branch

Thursdays, January 4, February 1, March 7, April 4
6:30 p.m. - 7:30 p.m.

Work on your own project or just chill with a
colouring book. Share your passion, chat with
fellow artists or just come for the tea!

ADULT PROGRAMS

For full details, visit rdpl.org/events

Bring, Brag, Break

Timberlands Branch

Saturdays, January 13,

February 10, March 9

1 p.m. - 3 p.m.

Join Red Deer Alberta Genealogical Society members in this program to bring an aspect of your research to share, to brag about what you have unearthed or to seek assistance breaking down a research wall.

Register at rdpl.org/events

Red Deer Branch
ALBERTA GENEALOGICAL SOCIETY

Jigsaw Competition

Downtown Branch

Snell Auditorium

Sunday, February 11

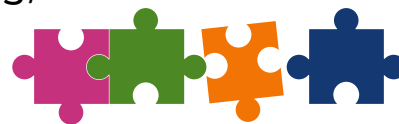
12:30 p.m. - 2:30 p.m.

Want a piece of this? Register a team of four and compete against other teams to see who can get their puzzle put together the fastest. Prizes donated by CompuSoft and The Game Store.

Register at rdpl.org/events



Check out our huge collection of jigsaw puzzles for all ages at rdpl.org, and take one home today!



Adult storytime

AT RED HART BREWING

488 McCoy Drive

Tuesday, February 20

6:30 p.m. - 8 p.m.

Storytime is not just for children! Freedom to Read Week is February 18 - 24. Library staff will be reading from our favourite challenged and banned books. Beverages are available for purchase. Register at rdpl.org/events

For ages
18+ only!



Propagated Plant Swap

All ages welcome

Downtown Branch

Thursday, February 22

6 p.m. - 8 p.m.

Meet up with other plant lovers and swap cuttings of plants. Bring in your rooted plants in a zip lock bag with a damp paper towel and browse what others brought to share. Bringing a cutting isn't required to take part.

Register at rdpl.org/events



Lives Fully Lived

Downtown Branch, Snell Auditorium

Select Thursdays

7 p.m. - 8 p.m.

January 11 - Mary Gardiner, author, researcher, passionate nursing educator, world-traveller, longtime volunteer, and tennis player (winner of many medals!) will speak on taking risks.

February 8 - Cheryl Cooney, musician and composer, will speak on the importance of being a music 'missionary'.

March 14 - Bill Franz, author, cyclist and cycling advocate, and outdoor enthusiast will speak on having a full and meaningful life by being active.

Register at rdpl.org/events

Crib, Cards, Coffee, & Conversation

Timberlands Branch

Sundays, January 28, February 25, March 24

1 p.m. - 2:30 p.m.

Drop in, meet new people, and have a game or two with others who enjoy games!

Red Deer Readers' Theatre Society

Ages 16+

Timberlands Branch

Thursdays, January 18, February 15, March 21

6 p.m. - 8 p.m.

Join us for fun and camaraderie while reading and performing scripts, without having to memorize lines or attend frequent rehearsals! No fees and no previous theatre experience necessary. Contact Lorraine at lsprox@shaw.ca or 403-357-7614 or Lorna at deschners@shaw.ca or 403-347-1066 for more information.

Registration not required.

CNIB Programs at the Library

Downtown Branch

Snell Auditorium

Tuesdays, January 16,

February 13, March 12



Tech Help

1 p.m. - 3 p.m.

This program is for anyone using assistive technology or anyone with questions on using this technology for the first time.

Café

3 p.m. - 5 p.m.

Connect with others who are living with sight loss. Join us for coffee, conversation and support.

Registration is required for the above CNIB programs.

Register online at www.rdpl/events or phone the library at 403-346-4576 and we will register you.

Reel Stories: Films @ RDPL

Downtown Branch

Level 2

Tuesdays

January 9, 23, February 20, March 19

1 p.m. - 3 p.m.

Thursdays

January 11, 25, February 8, 22, March 7, 21

5:30 p.m. - 7:30 p.m.

Join us for screenings of some of our favourite films. Drop in to enjoy the company of other film lovers. Viewer discretion is advised. Check the website or in-library for movie titles. **Bonus!** Listen to the latest episode of *Part of the Story: Reel Stories* wherever you stream your podcasts.

Need materials? Try our 24/7 online library!

Borrow thousands of eBooks, eAudiobooks, and eMagazines on your phone or tablet for free with your library membership!

Download the Libby app or go to rdpl.overdrive.com and start borrowing today! Need help? Book a tech help appointment with our staff by visiting rdpl.org/techhelp or calling 403-346-4576.





Travel memories

Join us for presentations by local speakers as they share pictures and talk about their world travels!

Downtown Branch
First Wednesday of each month
2 p.m. - 3:30 p.m.

Switzerland

January 3

Linda Janssen is taking a picturesque river cruise from Switzerland to Amsterdam, with a pre-cruise stay in beautiful Lucerne, Switzerland.

Churchill

February 7

Olive Frenette is going to Churchill, Manitoba to do some exciting Polar Bear watching under the Northern Lights.

Sri Lanka

March 6

Chathura Bandaras will share pictures and discuss his travels to Sri Lanka, where he visited family and enjoyed the sights of his home country.

Would you like to share your travel stories? Contact nbergen@rdpl.org to be a featured speaker!

Part of the Story Red Deer Public Library's Official Podcast

Tune in as we chat about books, movies, music, pop culture, libraries, Red Deer happenings, and more. Watch for new episodes the third Thursday of every month!

BONUS! REEL STORIES: Every so often, "Part of the Story" will feature bonus episodes about new release movies, all time favourites (and not so favourites), and everything in between.

Find it all at anchor.fm/partofthestory or wherever you stream your podcasts!

ARTS & CULTURE

Register at rdpl.org/events

First Thursday Concert Series

Downtown Branch
Snell Auditorium

First Thursday of each month
12:15 p.m. - 1 p.m.

Join us for free music concerts! Bring your lunch and enjoy free coffee or tea courtesy of the Library Café. **Register at rdpl.org/events**

January 4 - The Button Down Boys with Rick Moore & Greg Leblanc

February 1 - Violinist Roberto Cari (concert master LA Opera) and Calgary Pianist Derek Chiu

March 7 - Vancouver's La Flammata Piano Duo on tour with Prairie Debut

Sip n' Stitch

Dawe Branch

January 18, February 15, March 21
6 p.m. - 8 p.m.

Join this casual gathering for stitchers of all kinds to socialize and work on projects.

Registration not required.

Cosponsored by Under the Elm Yarnery.



Trash to Treasure Crafts

Mini-book Necklace

Downtown Branch
Snell Auditorium

Tuesday, January 23
5:30 p.m. - 7:30 p.m.

Create a mini-book necklace for yourself, or as a gift! **Register at rdpl.org/events**

Breaking Cover presented by Red Deer Players

Downtown Branch
Snell Auditorium

Select Saturdays
12 p.m. - 2:45 p.m.

Enjoy rehearsed staged readings showcasing plays by Alberta-based writers. These free performances/readings allow playwrights to hear their work out loud in front of an audience.

February 24

Out of Control by Jordan Galloway

March 23

Eden by Fran Kimmel

Donations gratefully accepted at readings.
Full play descriptions at rdpl.org. Questions?
Contact reddeerplayers@gmail.com

**New! afternoon
ARTISTRY**

Downtown Branch
Wednesday March 13
2 p.m. - 4 p.m.

Check out this new afternoon addition to the artistry programs at RDPL! Join Trish and get ready for spring by painting Back Alley Blooms. No experience needed. Registration is required at rdpl.org/events.

**evening
ARTISTRY**

Downtown Branch
Tuesday, March 19
OR Wednesday, March 20
5:30 p.m. - 7:30 p.m.

These evening artistry programs are a repeat of the above.

HEALTH & WELLNESS

Register at rdpl.org/events

SMART Recovery

Downtown Branch

Mondays (except holidays)

6:30 p.m. - 8 p.m.



Join SMART Recovery for support for individuals seeking abstinence from addiction using self-management and recovery training. Trained volunteer facilitators lead effective mutual support group discussions. For more information, visit smartrecovery.org or contact cory.smartrecoveryreddeer@gmail.com

Downtown Walk & Talk

Downtown Branch

Tuesdays

January 2 - March 26

12:15 p.m. - 12:45 p.m.

Explore the city and have conversations with new friends. Led by library staff, this fun and easy does it walking group meets every Tuesday. Join us! *Weather permitting.*

La Leche League -

Local Peer to Peer Support

Timberlands Branch

Wednesdays, January 10,

February 14, March 13

6 p.m. - 7:30 p.m.



Join this monthly drop-in meeting for breastfeeding and expectant parents facilitated by an accredited La Leche League Leader covering a different topic each month. For more information, visit lllc.ca/red-deer.

Beginner Adult Yoga

Online via Zoom

Wednesdays, January 10 - March 27

7 p.m. - 8 p.m.

Explore mindful movement, stillness and reflection from the comfort of your own home. All levels and abilities welcome. **Register at rdpl.org/events to receive the program link.**

Mindfulness for Adults

Downtown Branch

Saturday, January 27

1 p.m. - 3 p.m.

Learn mindfulness techniques with Bhante Suseela, meditation teacher at Alberta Insight Meditation Centre. Though there is no cost for this program, please consider bringing a donation of a book for a child or youth to donate to a literacy project in Sri Lanka.

Check page 5 for Mindfulness for Kids!

Register at rdpl.org/events

Healing Hearts

Bereavement Support Group

[Register for location](#)

Mondays, January 29,

February 26, March 25

6 p.m. - 7:30 p.m.

Healing Hearts bereavement support is offered by *Moms Stop The Harm*, a group of parents, spouses, siblings, and friends who have lost a loved one to substance-use-related harms. Healing Hearts is a free, open format, peer-led model of support.

Registration required by email at:

healingheartsreddeerandarea@gmail.com



HEALTH & WELLNESS

Continued from page 16

Red Deer Cancer Connect

Dawe Branch

Day Sessions:

Tuesdays, January 2,

February 6, March 5

11 a.m. - 12:30 p.m.

Evening Sessions:

Tuesdays, January 16, February 20, March 19

5 p.m. - 6:30 p.m.

Cancer Connect is an informal gathering over coffee, tea, and snacks which is open to any adult participants living with cancer, those diagnosed, and their caregivers and supporters. These sessions offer a safe space to connect with others and learn support strategies. The program is facilitated by a Wellspring Alberta leader and cosponsored by Red Deer Public Library.

Register online:

wel.gametime.net/cne/public/list

or phone 1-866-682-3135.

To find out more visit: wellspringalberta.ca



FREE movie streaming service

The World's Finest Cinema, Now Streaming Free With Your Library Card!

Kanopy offers a selection of feature films, documentaries, and TV series that you can stream, for free, on your favourite device! Our current collection allows for unlimited borrowing, so you can watch as many of these titles as you like. Sign up with your library card and start streaming today!

Check it out at kanopy.com/rdpl

We also loan out Chromecast and Apple TV devices so you can turn any TV into a smart TV!



ADULT LITERACY

Visit rdpl.org/adult-literacy

Canadian English Language Proficiency Index Program (CELPIP-General)

Dawe Branch

Mondays and Wednesdays

January 10 - February 14

7 p.m. - 9 p.m.

In this 11-lesson course, participants will work on strategies and skills to be successful when taking a CELPIP General test. You must be at Canadian Language Benchmark 3-4 to participate. Cost is \$50 per person. To register, call 403-346-2533 or email adultlit@rdpl.org.

About the Adult Literacy Program

Adult learners are matched with volunteer tutors who meet once a week for two hours. The program provides support to Literacy and Foundational Learners. Skills may include literacy, numeracy, basic digital skills, English Language Learning, and skills for learning.

Volunteers Needed!

We offer training and ongoing support to all of our tutors, and we can assure you that volunteering will be a unique and rewarding experience! Volunteer with this life-changing, award-winning, program.



Funding provided by:



To learn about becoming a volunteer, contact:



Alla, Lois, Jenni or Michelle: 403-346-2533



adultlit@rdpl.org



Dawe Branch (56 Holt Street)

Which Library Dog Program Suits You Best?

by TATIANA TILLY
RDPL's Strategic Planning
and Engagement Manager



Library Dog Programs Tailored to Different Needs and Ages

Find out how to choose the perfect library dog program at RDPL for you and your family!

Red Deer Public Library members and staff joined in congratulating Katja on Monday, October 30, 2023, when the news broke that Katja had successfully completed her final assessment, earning her facility dog vest after two years of training in the owner-trained program through Aspen Service Dogs, an Alberta Government Qualified Service Dog Organization.

We consider ourselves fortunate to have introduced Katja to many library programs during her training. Now, as a full-fledged library staff member, we are excited to share the diverse library dog programs we offer to the Red Deer community!



Katja's handlers, Tatiana (left) and Karen (right).

If you have a young reader (Grades 1-5) in your family who could benefit from reading practice with a friendly and non-judgmental furry friend, our "Sit, Stay, Read with Katja" program is an excellent way to boost their self-confidence, reading, and public speaking skills. This program is available in two formats, offering either a single 30-minute reading opportunity with Katja at the Dawe Branch or a 4-week session at the Timberlands Branch. A variety of reading materials is at hand, and Katja's handler is there to provide support if needed.

Katja loves visiting schools and meeting students at both the Dawe and Timberlands branches, which serve as school libraries for St. Patrick's Community School and Barrie Wilson School. Teachers and daycare providers are welcome to request a visit from Katja for storytime or a presentation about service dogs.

For dog lovers who simply want to meet Katja and engage in playtime, we host large seasonal programs for all ages where Katja makes special appearances.

If you are a cancer patient, survivor, or a family member dealing with cancer, we offer the "Red Deer Cancer Connect" program in partnership with Wellspring Alberta twice a month at the Dawe Branch. Katja provides friendly company and emotional support to program participants during these sessions.

Read the full article at rdpl.org/blogs

BOOK CLUBS

Register at rdpl.org/events

Any Book Book Club

Timberlands Branch

Thursdays, January 11, February 8, March 14
7 p.m. - 8 p.m.

Love to read? Want to share your latest great read or find new recommendations? This book club is for you! New members are always welcome!

Happy Ever After Book Club

Online via Google Meet

Select Mondays
7 p.m. - 8 p.m.

Join library staff on Google Meet to discuss romance titles.

January 29 - *The Woman Left Behind*
by Linda Howard

February 26 - *Water Bound* by Christine Feehan

March 25 - *Seven Year Slip* by Ashley Poston

Join the Facebook group or email
cbrown@rdpl.org for the meeting link.

Past Pages Book Club

Downtown Branch

Tuesdays, January 2, February 6, March 5
2 p.m. - 3 p.m.

Join library staff to discuss historical fiction. This new book club focuses on books written about times short and long passed. Selections available in multiple formats.

January 2 - *The Silence of Bones* by June Hur

February 6 - *Hotel of Secrets* by Diana Biller

March 5 - *The Lowland* by Jhumpa Lahiri

Be sure to
register!



rdpl.org/events

On the Same Page Book Club

(formerly Fireside Readers Book Club)

Downtown Branch

Waskasoo-Kiwanis Meeting Room

Select Wednesdays

6:30 p.m. - 8 p.m.

Please join us, even if you haven't read or completely read the book we're discussing. Newcomers welcome!

January 17 - *Finding Edward* by Sheila Murray

February 21 - *Truth Be Told* by Beverley McLachlin

March 20 - *She Was Never the Same*

by Susan Glasier

Reading Connection Family Book Club

For kids ages 7 to 12 and their grownup(s)

Timberlands Branch

Select Wednesdays

6 p.m. - 7 p.m.

Kids choose the book they want to read related to each month's theme, and their grownup reads it too! Meet up with other families to share what you thought about the book you chose.

January 24 - adventure

February 28 - friendship

March 27 - fractured fairytale

Can't make it to the program but still want to take part? **Take-home Reading Connection Family Book Club kits** (including discussion question ideas) are available for pickup at any branch!

Find us on Social Media!

Learn about RDPL's free programs and services, watch program videos, see pictures connect with us and MORE!



BOOK CLUBS

Continued from page 19

Reader Rendezvous: A Discord Book Club

Join library staff Alyssa (@catsandbookstacks) and Claire (@whatcsees) to buddy read selected titles and chat all things books on our Discord! Join the Discord today, and keep up with all the bookish things at RDPL and beyond!

January - *Moon of the Crusted Snow* by Waubgeshig Rice
February - *Amari and the Night Brothers* by B.B. Alston
March - *Remarkably Bright Creatures* by Shelby Van Pelt



Join the
Discord

Last Chapter Book Club

Timberlands Branch

Select Tuesdays
7 p.m. - 8 p.m.

Although dying is an essential part of life, it's an uncomfortable topic that most people avoid. Join us to discuss and share end-of-life books, media, and resources.

January 9

This is Assisted Dying: A Doctor's Story of Empowering Patients at the End of Life
by Stefanie Green
Canadian Dr. Green reveals the reasons a patient might seek an assisted death, how the process works, what the event itself can look like and more.

February 13

Death is But A Dream: Finding Hope and Meaning at Life's End by Christopher Kerr, MD, PhD
Through hundreds of interviews, Dr. Kerr reveals that pre-death dreams and visions are occurrences that humanize the dying process.

March 12

Talking About Death Won't Kill You: The Essential Guide to End-of-Life Conversations
by Dr. Kathy Kortess-Miller
This practical handbook will equip readers with the tools to have meaningful conversations about death and dying. **Register at rdpl.org/events**

ADULT PROGRAMS

Financial & Legal Programs

Ask a Lawyer Mondays

Dawe Branch

Mondays,
January 15, February 26, March 18
5 p.m. - 7 p.m.



Have a Legal Question? Volunteer lawyers from the Central Alberta Community Legal Clinic will provide up to half an hour of free legal advice in family, civil, and criminal law. **Note:** Registration determines the number of lawyers needed and is not a booked appointment. For more information, contact the Central Alberta Community Legal Clinic at 403-314-9129. **Register at rdpl.org/events**

Investing in Cryptocurrencies:

Understanding the Fundamentals

presented by Alberta Securities Commission

Online via Zoom

Tuesday, January 30
6:30 p.m. - 7:30 p.m.



Cryptocurrencies have grown in popularity in the news, online and even in our social circles. Join us as we walk through the fundamentals of cryptocurrency and the major considerations you should review before investing. **Register at rdpl.org/events to receive the program link.**

CRA for Adults 65+

Downtown Branch

Snell Auditorium

Thursday, February 15
6:30 p.m. - 7:30 p.m.

Learn about Income, Benefits, Credits, Deductions, Scams, Community Volunteer Income Tax Program (CVITP) Canada's tax system, and more. **Register at rdpl.org/events**

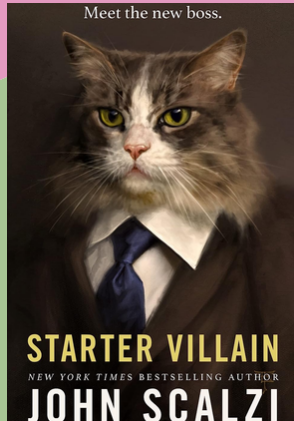
Be sure to
register!



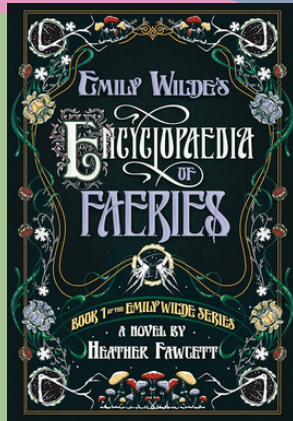
rdpl.org/events

BEST OF 2023

Here are our RDPL Staff favourites from the past year:



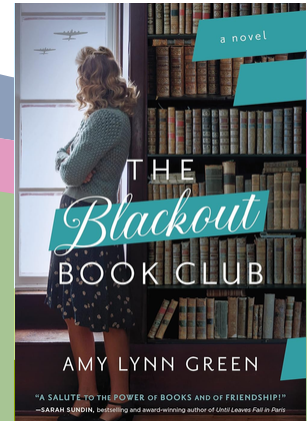
Jenn's pick



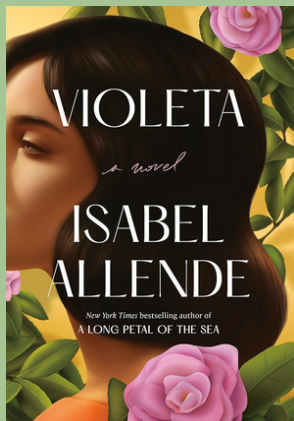
Tatiana's pick



Michelle H's pick



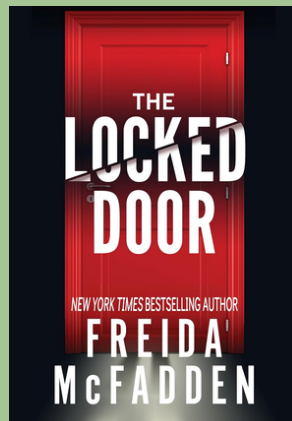
Shelley's pick



Sandra's pick



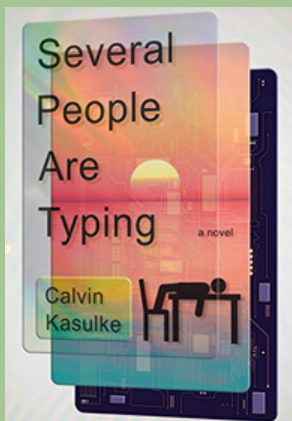
Sarah's pick



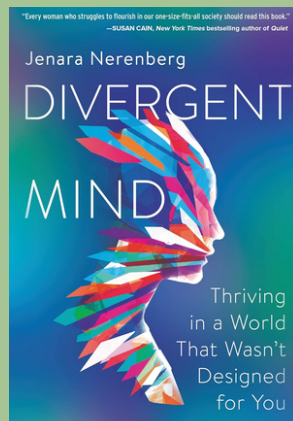
Cher's pick



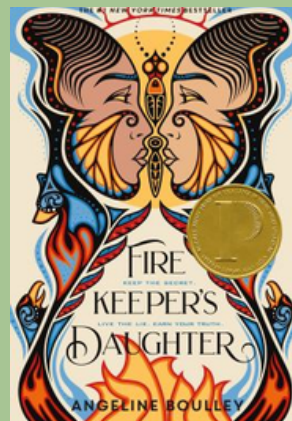
Deb's pick



Stefan's pick



Trish's pick



Karen's pick



Sage's pick

Find these and other staff picks at rdpl.org!



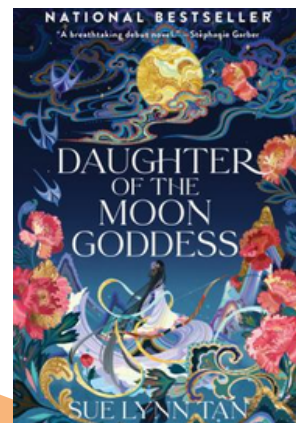
Jason's pick



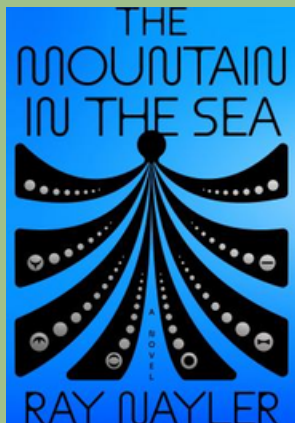
Simon's pick



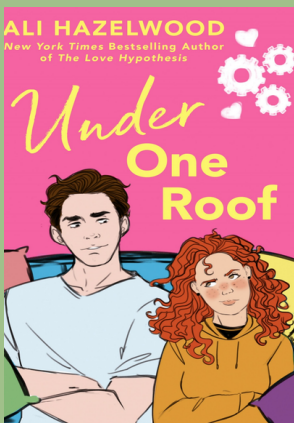
Teresa's pick



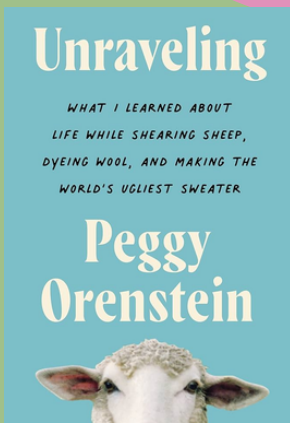
Claire's pick



Lee's pick



Jill's pick



Laura D's pick



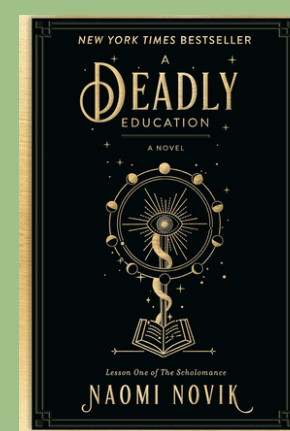
Jessica's pick



Laura M's pick



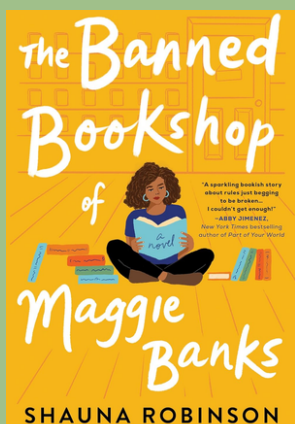
Erin's pick



Jade's pick



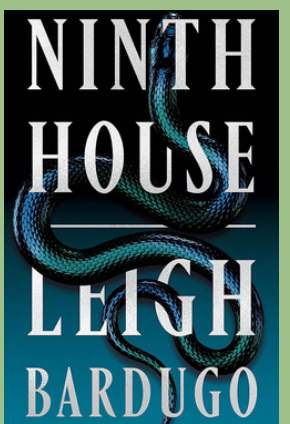
Summer's pick



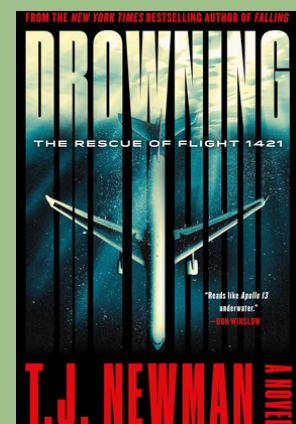
Amy's pick



Alyssa B's pick



Indigo's pick



Bethany's pick

Read for



Make Red Deer Canada's
Most Readerly Community!

What is Read for 15?

Read for 15 is an annual, fun, friendly competition between Canadian library communities as a way to promote **Family Literacy Day on January 27**, and keep families reading together!

How does it work?

Read anything for 15 minutes and let us know you did! Classrooms, businesses, families, and individual readers are welcome to participate and help Red Deer win the title of “most readerly” community. If we win, we receive a beautiful trophy to display all year long (plus, we get bragging rights)!

Make your
reading count!

Fill out the
web form at
rdpl.org
available January
26 and 27.

Tell us in
person at any
branch.

Phone us at
403-346-4576
tell us
you read.

