

Winter Warming - Red Deer, Alberta 2025/2026

Warming Spaces

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Mustard Seed	9 a.m. - 4 p.m. (if -15 or below, will stay open until 7:30 p.m.)	9 a.m. - 4 p.m.	9 a.m. - 4 p.m. (if -15 or below, will stay open until 7:30 p.m.)	9 a.m. - 4 p.m.	9 a.m. - 4 p.m. (if -15 or below, will stay open until 7:30 p.m.)		
Potter's Hands	9 p.m. - 6 a.m. <i>Snacks available from 9 p.m. - 11 p.m. only.</i>					May be open if it is -20 or below.	
Shining Mountains Warming Space	8 p.m. - 6 a.m.						
Morning Star (Women only)	8:30 a.m. - 3 p.m.	8:30 a.m. - 3 p.m.	8:30 a.m. - 2 p.m.	8:30 a.m. - 3 p.m.	8:30 a.m. - 3 p.m.		

Meals

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Potter's Hands 7 a.m. - 8:15 a.m.	Potter's Hands 7 a.m. - 8:15 a.m.	Potter's Hands 7 a.m. - 8:15 a.m.	Potter's Hands 7 a.m. - 8:15 a.m.	Potter's Hands 7 a.m. - 8:15 a.m.	Potter's Hands 9 a.m. - 10:15 a.m.	
Potter's Hands 11:30 a.m. - 12:45 p.m.		Street Church 11:30 a.m. - 1 p.m.				Red Deer Soup Kitchen *11:30 a.m. - 12:30 p.m.
Mustard Seed Snacks Program 1 - 4 p.m.	Mustard Seed Snacks Program 9:30 a.m. - 3 p.m.	Mustard Seed Snacks Program 1 p.m. - 4 p.m.	Mustard Seed Snacks Program 9:30 a.m. - 3 p.m.	Mustard Seed Snacks Program 1 p.m. - 4 p.m.		
Mustard Seed 5:15 p.m. - 7 p.m.	Potter's Hands 4:30 p.m. - 6 p.m.	Mustard Seed 5:15 p.m. - 7 p.m.	Red Deer Soup Kitchen *4:30 - 5:30 p.m.	Mustard Seed 5:15 p.m. - 7 p.m.	Red Deer Soup Kitchen *4:30 - 5:30 p.m.	

**Note: Red Deer Soup Kitchen is take-out only*



Map Legend

-  Mustard Seed (6002 54 Ave)
-  Potter's Hands (4935 51 St.)
-  Safe Harbour Shelter (5246 53 Ave)
-  Red Deer Soup Kitchen (5014 49 St.)
-  Shining Mountains Warming Space
(#3-5239 53 Ave)
-  Street Church (5129 50 Ave)
-  Morning Star - Catholic Social Services
(5104 48 Ave) *Women only.*
-  Red Deer Public Library - Downtown
Branch (4818 49 St.)